

# Cardiopulmonary Exercise Testing



**A one-day practical course**

**1<sup>st</sup> March 2018**

**The Principle Hotel, York  
YO24 1AA**

**5 CPD Points**

**Taught by a highly experienced faculty**

**Cost: £150**



**A combination of lectures, interactive small-group tutorials and demonstrations relevant to risk assessment for the surgical patient**

**(1) Assessing surgical risk**

*Current pre-assessment strategies and techniques; the importance of functional capacity.*

**(2) Interpreting the 9-panel plot**

*Identification of normal and abnormal physiology.*

**(3) The physiological response to exercise: why it matters for the surgical patient**

*The physiology and biochemistry of exercise and how limitations impact on surgical outcomes.*

**(4) What to measure for the surgical patient?**

*The parameters from pre-op CPET that influence outcome.*

*CPET diagnostic markers of heart failure and ischaemic heart disease.*

**Structured tutorials on the technical interpretation and clinical relevance of real-life CPET examples**

*"An excellent introduction to the CPET. Plenty of opportunity to cover interpretation of tests with useful direction from the faculty."*

*(Previous delegate)*

*"A good mix of lectures and tutorials. Good entry level introduction to CPX."*

*(Previous delegate)*



Limited places. To book please email **periop@york.nhs.uk**